

eating

brunch served until 6pm

superbowl gf

vanilla and cardamom granola, yogurt, raspberry chia jam and fruit 5.95

gingerbread porridge gfo

warming cinnamon and ginger porridge served with maple syrup and sliced banana 5.95

open sandwich bagel

- with organic peanut butter and raspberry chia jam 4.95

- with smoky tempeh, spinach, tomato, avo and mayo 6.95

- with cashew cheese, smoked carrot, caper and onion salsa, dill oil 6.95

- with mushrooms, fresh spinach and hollandaise 6.95

sourdough toast gfo

- with raspberry chia jam 2.95

- with tofu scramble 6.95

- with house beans 6.95

- with smashed avo 6.95

- with smashed avo and the works (pineapple, lime and thai basil salsa, chilli jam, pea shoots) 8.95

french toast

vanilla and almond brioche with cointreau syrup, berries, yogurt and almonds 8.95

breakfast tacos

tofu scramble, smoky mushrooms, baby spinach, chilli jam, pea shoots, caramelised onions 9.95(twin)/ 11.95(triple)

vegivores breakfast gfo

house beans, bubble and squeak, tofu scramble, sourdough toast, smoky mushrooms, fried tomato, tempeh, spinach 11.95

extras

chilli jam, peanut butter, mushroom, house beans, tomato 1.00

tempeh, bubble and squeak, toast, hollandaise 1.50

smashed avo, tofu scramble 2.00

starters, snacks & small plates

served from 12pm

olives & sunblush tomatoes gf 2.95

smoked almonds 1.95

edamame gf with salt and chilli 4.95

antipasti olives, sunblush tomatoes, ciabatta, focaccia, balsamic oil and smoked almonds 7.95(regular)/9.95(large)

bbq jackfruit nachos gfo with guacamole, creole slaw, charred corn pico-de-gallo, red pepper mayo and jalapenos – great for sharing 9.95

fishless cakes gf three smoked tofu and nori potato cakes, dill mayo and caper salsa 5.95

pea fritters gf spicy pea fritters made with green chilli, tomato and fenugreek, served with yogurt, pickled chilli and pea shoots 5.95

satay skewers gf tofu and pepper skewers with a rich satay dipping sauce and pickled ginger cabbage 6.95

soup

please ask a member of staff

mains served from 12pm

bbq jackfruit burger

brioche bun with bbq jackfruit, smashed avo, spinach, caramelised onions and roasted red pepper mayo 8.95
- with herby potatoes and creole slaw 11.95

fishless cake gf

smoked tofu and nori potato cake with green beans, caper salsa and hollandaise 9.95

power bowl gf

quinoa salad with edamame, greens, rainbow veg, avocado, fresh herbs and a chilli, maple and lime dressing 9.95

please advise us of any allergens or intolerances before placing your order and we will endeavour to accommodate - we cannot guarantee however that there will not be traces of allergens present in any of our food

vegivores burrito

smoky beans, roasted squash, brown rice, guacamole, crunchy veg, spicy cholula onions and roasted red pepper mayo 7.95

- with herby potatoes and creole slaw 10.95

chipotle cauliflower tacos 🔥

with creole slaw, roasted red pepper mayo, charred corn pico-de-gallo, crispy onions and pea shoots 9.95(twin)/ 11.95(triple)

makhanwala gf

rich and fragrant north indian curry loaded with vegetables and cashew nuts, served with brown rice, kachumber salad, yogurt, spicy tomato chutney and mini poppadoms 10.95

satay skewers gf

tofu and pepper skewers with brown rice, rich satay sauce, stir fried broccoli, pickled ginger cabbage, spring onions and crushed peanuts 10.95

chef special

please ask a member of staff

extras

spicy tomato chutney, chilli jam, roasted red pepper mayo 1.00
bread and butter, herby potatoes, creole slaw, green beans, stir fried broccoli, guacamole, nachos 2.50

sweet things

fresh cakes and pastries please ask a member of staff or see the display cabinet – changes daily

separate dessert menu available upon request - including liquors and dessert wines