

# eating in

**brunch** served until 4pm

**piña colada-granola (gf)** coconut yogurt, rum-glazed pineapple, vanilla almond granola, summer berry compote, toasted coconut -6

**bostock** warm brioche with jam, frangipane, toasted almonds, berries, syrup -7

**t.i.t** crusty baguette with smoky maple tempeh, sliced tomato, aioli, pea shoots -7

**avo toast** toasted sourdough with seasoned smashed avocado -7

**avo works** toasted sourdough with seasoned smashed avocado, pineapple salsa, chilli jam, pea shoots -9

**breakfast burrito** smashed avocado, spinach, tofu scramble, smoky maple tempeh, hashed potatoes, chilli jam -10

**vegivores breakfast (gfo)** tofu scramble, herby mushrooms, tomato, hashed potatoes, house beans, smoky maple tempeh, spinach, toasted sourdough -12 (with avocado or hummus -13.5 with both - 14)

**...add a smoothie**

**the green one** mango, pineapple, spinach, apple, ginger, lime-5 (with wheatgrass -5.5)

**the pink one** summer berries, banana, coconut milk -4.5 (with beetroot -5)

## starters, snacks and sides

**olives (gf)** rosemary and garlic -4

**edamame (gf)** salt and chilli -4

**hummus** red pepper hummus, sourdough pita -5

**nachos (gf)** guacamole, charred corn pico-de-gallo, jalapenos -6

**poppadoms (gf)** mango cardamom chutney, cucumber mint raita -6

## mains

**vegivores burrito** guacamole, crunchy veg, cholula onions, brown rice, house beans, roasted sweet potato, red pepper mayo -10 (with hashed potatoes and 'slaw -12)

**mexicana bowl (gf)** house beans, brown rice, corn nachos, guacamole, 'slaw, charred corn pico-de-gallo, cholula onions -10

**satay noodles** wheat noodles wok-fried with mixed vegetables, rich satay sauce, crushed peanuts, thai basil, pickled shallots -12

**tofu pathia (gf)** medium-spiced, sweet, sour, tomato-based indian curry, brown rice, kachumber salad -12 (with sourdough naan -13.5)

**tapas board** sourdough pita bread, aioli, herby mushrooms, patatas bravas, stewed butter beans, tomato basil salad -12

**mediterranean bento (gfo)** quinoa, roasted sweet potato, crunchy veg, olives, tomato basil salad, cucumber mint yogurt dressing, sourdough pita -10 (with red pepper hummus or avocado - 12 with both - 13)

**weekly special** please see board

## desserts

**the fruity one(gf)** rum-glazed pineapple, coconut ice-cream, syrup, toasted coconut-5

**the chocolatey one(gf)** dark chocolate pudding with summer berry compote, cream -5

**the nutty one** pistachio and rose baklava with orange infused syrup, cinnamon -5

## allergen information

please inform a member of staff if you have any allergies or intolerances before placing your order and whilst we will do our best to accommodate, we cannot guarantee that any of our dishes will be completely free from allergens

# drinks

## loose-leaf tea -3

luxury english breakfast  
russian caravan  
moroccan mint  
earl grey with orange blossom  
organic earl green with bergamot  
organic gunpowder green  
organic camomile (caffeine free)  
organic luxury rooibos (caffeine free)  
moringa passion fruit (caffeine free)  
peppermint (caffeine free)

## coffee

espresso -2(single)/-2.5(double)  
short black -2.6  
long black -2.9  
latte -3.3  
cappuccino -3.3  
flat white -3  
mocha -3.5  
we use oatly barista milk as standard  
– please ask if you would prefer almond, soya or coconut

## other hot drinks

hot chocolate -3.5  
hot chocolate with cream and marshmallows -5  
turmeric latte/ruby latte -4

## soft drinks

can o' water still or sparkling -2  
gusto organic sparkling sicilian blood orange -3.5  
karma cola -3 karma lemonade -3  
kombucha passion fruit & goji/raspberry & pomegranate -4  
juice orange, apple or cranberry -3  
nix & kix mango & ginger or cucumber & mint -3

## grown up drinks

pimms pimms and lemonade with all the trimmings glass -5.5 pitcher -20  
bloody mary -7 tomato juice, 50ml absolut vodka, henderson's relish, tabasco, salt, cracked black pepper, celery, lemon  
mimosa -6 wild thing prosecco 125ml, orange juice  
juniper green organic gin & fever tree tonic single -5.5 double -7.5  
cointreau & fever tree tonic single -5.5 double -7.5  
aperol spritz -7 wild thing prosecco served on ice, laced with aperol & garnished with fresh orange  
gin cooler -6 juniper green organic gin with nix & kix cucumber and mint, fresh lime  
disaronno amaretto on ice single -3.5 double -5.5

## smoothies & mocktails

the green one mango, pineapple, spinach, apple, ginger, lime -5 with wheatgrass -5.5  
the pink one summer berries, banana, coconut milk -4.5 with beetroot -5  
virgin mary our bloody mary without the vodka -4  
homemade ice tea passion fruit & moringa tea with maple, lemon, mint -4

## draught beer

siren soundwave – ipa (finchampstead – 5.6%) -4 (2/3 pint)/-3 (1/2 pint)  
double barrelled big fruit heist - mango passion fruit sour (reading – 6%) -4.5 (2/3 pint)/-3.5 (1/2 pint)  
beer and cider  
siren lumina gluten free session ipa (finchampstead - 4.2%) 330ml can -4  
siren heart of ice - modern lager (finchampstead - 4.5%) 440ml can -5  
ashridge organic cider (devon 4.5%) 330ml bottle -4.5  
riedenburger organic alcohol free beer (0.5%) 330ml bottle -4

## fizz

### organic wild thing frizzante prosecco (italy - 11%)\*

being frizzante instead of spumante, the bubbles are softer but still bring lift and freshness - delicate notes of pear, spring flowers and a touch of white peach -25 (bottle)/-5.5(125ml)

### red wine – organic

#### bohem no added sulphur tempranillo 2019 (spain - 13.5%)

ripe, black fruit forward and juicy with soft tannins and a fine clean finish  
-20 (bottle)/-4.5 (125ml)/-5.5 (175ml)/-7.5 (250ml)

#### hoopoe nero d'avola/syrah 2017 (sicily - 14%)

75% nero d'avola and 25% syrah with syrah giving extra elegance and sweeter fruit  
-23 (bottle)/-5 (125ml)/-6.5 (175ml)/-8 (250ml)

### white wine – organic

#### wild thing sauvignon blanc 2018 (spain - 12%)\*

fresh and lively dry white  
-20 (bottle)/-4.5 (125ml)/-5.5 (175ml)/-7.5 (250ml)

#### emiliana adobe viognier 2019 (chile - 13.5%)

lush tropical fruits predominate with a big palate impact and slight spicy edge  
-23 (bottle)/-5 (125ml)/-6.5 (175ml)/-8 (250ml)

### rosé wine – organic

#### wild thing rosé 2019 (spain - 12.5%)\*

fresh and fruity rosé  
-20 (bottle)/-4.5 (125ml)/-5.5 (175ml)/-7.5 (250ml)

\*the born free foundation is working worldwide to save animals lives, stop suffering, rescue individuals and protect species. by buying wild thing you are helping an international wildlife charity take action for lions, elephants, tigers, gorillas, wolves, bears, dolphins and much more - thank you!