

## <u> Menu - All day every weekday</u> <u>& weekends from 2pm</u>

## fresh fruit selection

fresh fruit selection a few pieces of our current fruits available	£4.50	
<ul> <li>sourdough toast</li> <li>one piece of sourdough toast with butter</li> <li>plus a pot of one of the following: <ul> <li>natural peanut butter</li> <li>blueberry chia jam</li> <li>biscoff spread</li> <li>maple syrup</li> </ul> </li> </ul>	£3.00	
<b>simply spuds (ng)</b> our yummy hashed potatoes without the seasoning!	£4.00	
<b>mixed veggies (ng)</b> tasty veggies - oil and salt free!	£4.50	
<b>banana waffle</b> homemade waffle with maple syrup & banana	£6.00	
<b>macaroni cheeze</b> a milder small portion of our macaroni cheeze without the crumb topping	£5.50	<mark>Drinks</mark> little veg banana,
<b>crispy gnocchi</b> lightly seasoned crispy gnocchi with a ketchup, mayo or pesto dipper	£5.00	<b>flawsom</b> sweet ap & orange
<b>the baby better bowl (ng)</b> beans, rice, slaw, kale, onions, red peppers, sweetcorn, tortilla chips	£8.00	
<b>satay burger (ngo)</b> toasted pretzel bun with creamy slaw, sesame tofu, satay peanut sauce & mayo - comes with a small portion of hashed potatoes	£8.50	PICKY H Let US Know Removed or Best
<b>pesto pasta</b> cold pasta with homemade broccoli stalk pesto	£5.50	
<b>delicious dip</b> a choice of smashed peas or beetroot hummus with warm flatbread	£5.00	
ALLERGIES - PLEASE INFORM YOUR SERVER BEFORE F	PLACING YOUR (	DRDER IF YOU HAVE



## **Drinks!**

<b>little vegivores smoothie</b> banana, berries & apple juice or soya milk	£4.50
<b>flawsome! KIDS fruit water 200ml</b> sweet apples/ apple & cherry/ apple, mango & orange	£2.00
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PICKY PICKLE? NO PROBLEM! LET US KNOW IF YOU'D LIKE SOMETHING REMOVED OR TWEAKED & WE'LL DO OUR **BEST TO ACCOMMODATE!** 

ANY ALLERGIES OR INTOLERANCES. WHILST WE ALWAYS DO OUR BEST TO ACCOMMODATE -WE CAN NEVER GUARANTEE ANYTHING IS 100% FREE FROM ALLERGENS

Weekend Brunch (	<u>available 'til 2pm)</u>
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fresh fruit selection a few pieces of our current fruits available	£4.50		
<ul> <li>sourdough toast</li> <li>one piece of sourdough toast with butter</li> <li>plus a pot of one of the following: <ul> <li>natural peanut butter</li> <li>blueberry chia jam</li> <li>biscoff spread</li> <li>maple syrup</li> </ul> </li> </ul>	£3.00	LITTLE VEGIVOR	
<b>simply spuds (ng)</b> our yummy hashed potatoes without the seasoning!	£4.00		[]
<b>mixed veggies (ng)</b> tasty veggies - oil and salt free!	£4.50		
<b>banana waffle</b> homemade waffle with maple syrup & banana	£6.00	<u>}</u>	
<b>pesto pasta</b> cold pasta with homemade broccoli stalk pesto	£5.50	Drinks! little vegivores smoothie	£4.50
<b>delicious dip</b> a choice of smashed peas or beetroot hummus with warm flatbread	£5.00	banana, berries & apple juice or soya milk <b>flawsome! KIDS fruit water 200ml</b> sweet apples/ apple & cherry/ apple, mango	£2.00
<b>pancake</b> a fluffy homemade buttermilk pancake with sliced banana and a choice of either maple syrup or choccy sauce	£6.00	& orange	
<b>pbj bowl (ng)</b> strawberry peanut granola, soya yoghurt & strawberries	£5.00		
vegivores breakfast (ngo) beans, hashed potatoes with onions and roasted red peppers, kale, mushrooms, tomatoes, smoked tofu & toast (for hungry little ones!)	£9.00	PICKY PICKLE? NO PROBLEM! Let us know if you'd like something	

ALLERGIES - PLEASE INFORM YOUR SERVER BEFORE PLACING YOUR ORDER IF YOU HAVE ANY ALLERGIES OR INTOLERANCES. WHILST WE ALWAYS DO OUR BEST TO ACCOMMODATE -WE CAN NEVER GUARANTEE ANYTHING IS 100% FREE FROM ALLERGENS



PROBLEM! IKE SOMETHING REMOVED OR TWEAKED & WE'LL DO OUR **BEST TO ACCOMMODATE!**