

Weekday Lunch Menu - weekdays 'til 3pm

kids fruit

a few pieces of our current fruits
available

£4.50

sourdough toast

one piece of sourdough toast with a pot
of one of the following:

£3.00

- natural peanut butter
- biscoff spread
- maple syrup
- jam
- plant-based butter

simply spuds (ng)

our yummy hashed potatoes without
the seasoning!

£4.00

mixed veggies (ng)

tasty veggies - oil and salt free!

£5.50

banana waffle

homemade waffle with maple syrup &
banana

£6.00

pesto pasta

cold pasta with homemade broccoli
stalk pesto

£5.50

yummy hummus

a dip of hummus with warm flatbread

£5.00

kids seasonal soup!

a smaller portion of our seasonal soup
with lower levels of seasoning - served
with sourdough or non-gluten bread
(please ask for plant-based butter)

£5.50

LITTLE VEGIVORES



Drinks!

little vegivores smoothie

banana, berries & apple juice or soya milk

£4.50

flawsome! KIDS fruit water 200ml

sweet apples/ apple & cherry/ apple, mango
& orange

£2.00

PICKY PICKLE? NO PROBLEM!
LET US KNOW IF YOU'D LIKE SOMETHING
REMOVED OR TWEAKED & WE'LL DO OUR
BEST TO ACCOMMODATE!



ALLERGIES - PLEASE INFORM YOUR SERVER BEFORE PLACING YOUR ORDER IF YOU HAVE
ANY ALLERGIES OR INTOLERANCES. WHILST WE ALWAYS DO OUR BEST TO ACCOMMODATE -
WE CAN NEVER GUARANTEE ANYTHING IS 100% FREE FROM ALLERGENS

Main Menu - weekdays from 3pm & weekends from 2pm

fresh fruit plate

a few pieces of our current fruits available

£4.50

sourdough toast

one piece of sourdough toast with a pot of one of the following:

£3.00

- natural peanut butter
- biscoff spread
- maple syrup
- jam
- plant-based butter

simply spuds (ng)

our yummy hashed potatoes without the seasoning!

£4.00

mixed veggies (ng)

tasty veggies - oil and salt free!

£5.50

banana waffle

homemade waffle with maple syrup & banana

£6.00

macaroni cheeze

a milder small portion of our macaroni cheeze without the crumb topping

£5.50

crispy gnocchi

lightly seasoned crispy gnocchi with a ketchup, mayo or pesto dipper

£5.50

the baby better bowl (ng)

beans, rice, slaw, kale, onions, red peppers, sweetcorn, tortilla chips

£8.00

tofu burger (ngo)

brioche bun, maple smoked tofu, ketchup & mayo - with a small portion of hashed potatoes

£9.50

pesto pasta

cold pasta with homemade broccoli stalk pesto

£5.50

yummy hummus

a dip of hummus with warm flatbread

£5.00

LITTLE VEGIVORES



Drinks!

little vegivores smoothie

banana, berries & apple juice or soya milk

£4.50

flawsome! KIDS fruit water 200ml

sweet apples/ apple & cherry/ apple, mango & orange

£2.00

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Weekend Brunch (available 'til 2pm)

fresh fruit selection

a few pieces of our current fruits available £4.50

sourdough toast

one piece of sourdough toast plus a pot of one of the following: £3.00

- natural peanut butter
- jam
- biscoff spread
- maple syrup
- plant-based butter

simply spuds (ng)

our yummy hashed potatoes without the seasoning! £4.00

mixed veggies (ng)

tasty veggies - oil and salt free! £5.50

banana waffle

homemade waffle with maple syrup & banana £6.00

pesto pasta

cold pasta with homemade broccoli stalk pesto £5.50

yummy hummus

a dip of hummus with warm flatbread £5.00

pancake

a fluffy homemade buttermilk pancake with sliced banana and a choice of either maple syrup or choccy sauce £5.50

granola bowl (ng)

gingerbread granola, pistachio, pear, soya yoghurt & chocolate £5.00

vegivores breakfast (ngo)

beans, hashed potatoes with onions and roasted red peppers, kale, mushrooms, tomatoes, smoked tofu & toast (for hungry little ones!) £9.00

LITTLE VEGIVORES



Drinks!

little vegivores smoothie

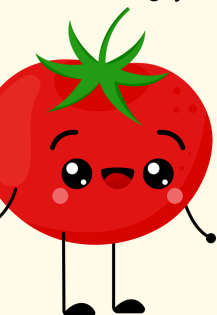
banana, berries & apple juice or soya milk £4.50

flawsome! KIDS fruit water 200ml

sweet apples/ apple & cherry/ apple, mango & orange £2.00



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REMOVED OR TWEAKED & WE'LL DO OUR
BEST TO ACCOMMODATE!



ALLERGIES - PLEASE INFORM YOUR SERVER BEFORE PLACING YOUR ORDER IF YOU HAVE ANY ALLERGIES OR INTOLERANCES. WHILST WE ALWAYS DO OUR BEST TO ACCOMMODATE - WE CAN NEVER GUARANTEE ANYTHING IS 100% FREE FROM ALLERGENS