VEGiVORES
NATURAL KITCHEN

BREAKFAST MENU

weekdays until 11:00am



SMASHED AVO ON TOAST £8.50

Sourdough toast loaded with smashed avo, black beans, pink onion, coriander and tajin



MANGO Y COCO £9

Zingy ginger granola with gluten free oats and mixed seeds, served with homemade mango compote, coconut yoghurt, toasted coconut and lime zest



TOMATOES ON TOAST (n) £9

Cashew cheese, san marzano tomatoes, pink peppercorns, omega seeds and fresh basil



BREAKFAST MUFFIN £7.50

Toasted muffin with chilli jam, crispy maple tofu, fried kale and chive mayo



HUMMUS ON TOAST £8.50

Sourdough toast loaded with our homemade hummus, edamame chilli crisp and dressed rocket



PBJ BAGEL (n) £7

Toasted multigrain bagel spread with natural peanut butter and homemade blueberry chia jam

NON GLUTEN OPTIONS AVAILABLE



CHECK OUR OUR SHOP FOR JARS OF OUR CHILLI CRISP, JAMS AND MORE TO TAKE AWAY!

ng - no ingredients containing gluten | ngo - option to have no ingredients containing gluten | (n) - contains nuts

If you have an allergy please speak to your server before placing your order. We can never guarantee that our food is 100% free from allergens.